

Plasma asymmetric dimethylarginine is related to anticitrullinated protein antibodies in rheumatoid arthritis of short duration

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Received 7 May 2008; accepted 30 October 2008

Abstract

We have recently demonstrated elevated plasma levels of an endogenous nitric oxide synthase inhibitor, asymmetric dimethyl-L-arginine (ADMA), and its association with carotid atherosclerosis in rheumatoid arthritis (RA). Both an elevated risk of myocardial infarction and increased levels of anticitrullinated protein antibodies (ACPAs), specific for RA, had been shown to precede the onset of clinical RA symptoms. Therefore, our aim was to verify the hypothesis that ADMA accumulation might accompany raised ACPAs titers in RA of short duration (≤ 3 years). Twenty patients (16 women, 4 men; mean age, 45 ± 12 years; mean disease duration, 2.3 ± 0.5 years) with active RA despite chronic disease-modifying antirheumatic medication, free of cardiovascular disease or atherosclerotic risk factors, were studied. Plasma levels of ADMA and its stereoisomer, symmetric dimethyl-L-arginine (SDMA), were assayed by liquid chromatography/tandem mass spectrometry. The ACPAs were measured by a second-generation enzyme-linked immunosorbent assay. In addition to routine biochemical assays, plasma concentrations of tumor necrosis factor α , monocyte chemoattractant protein-1, and vascular cell adhesion molecule-1 soluble form were analyzed with respective enzyme-linked immunosorbent assays. A significant positive correlation between levels of ACPAs and ADMA ($r = .60$, $P = .005$), but not SDMA ($r = -.02$, $P = .9$), was found. Neither ADMA nor SDMA was correlated to any of the clinical or biochemical parameters reflecting disease activity and inflammatory activation. Thus, excessive ADMA accumulation accompanies elevated ACPAs levels in patients with RA of short duration free of cardiovascular disease or risk factors.

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We have recently described elevated plasma levels of an endogenous nitric oxide formation inhibitor, asymmetric dimethyl-L-arginine (ADMA), and its association with carotid atherosclerosis in rheumatoid arthritis (RA) [1]. Accumulation of ADMA, an independent adverse outcome predictor in coronary artery disease, had previously been demonstrated in nonatherosclerotic patients with traditional risk factors, being related to the magnitude of endothelial dysfunction, an antecedent of atherosclerosis [2]. A 3- to 6-fold increase in the risk of myocardial infarction was reported already before the RA

diagnosis [3]. Anticitrullinated protein antibodies (ACPAs), highly specific for RA, also precede the onset of RA clinical symptoms, with the prevalence of ACPAs positivity increasing over time and amounting to 52% within 18 months before fulfillment of RA diagnostic criteria [4]. The ACPAs positivity was recently linked to subclinical carotid atherosclerosis in RA patients with a mean disease duration of 11 years [5]. Our aim was to verify the hypothesis that ADMA accumulation might accompany raised ACPAs titers in RA of short duration.

Inclusion/exclusion criteria had been described in detail [1] and were supplemented with a disease duration not exceeding 3 years as a necessary rule-in condition. In brief, we studied 20 patients with active RA despite chronic disease-modifying antirheumatic drugs therapy (16 women, 4 men; age, 45 ± 12 years; disease duration, $2.3 \pm$

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0.5 years) free of cardiovascular disease, risk factors, or severe extraarticular RA manifestations.

Patients' characteristics included demographical data, Disease Activity Score in 28 joints, disease duration, rheumatoid factor positivity, body mass index, blood pressure, estimated glomerular filtration rate, fasting levels of glucose, homocysteine, triglycerides, as well as low-density and high-density lipoprotein cholesterol. Plasma ADMA and its stereoisomer, symmetric dimethyl-L-arginine (SDMA), were determined by liquid chromatography/tandem mass spectrometry [1]; enzyme-linked immunosorbent assays were used to measure ACPAs (Euroimmun AG, Luebeck, Germany), tumor necrosis factor α , monocyte chemoattractant protein-1, and vascular cell adhesion molecule-1 soluble form (R&D Systems, Minneapolis, MN), whereas chemiluminescence immunoassay was used for high-sensitivity C-reactive protein and homocysteine (DPC, Flanders, NJ). Spearman rank correlation coefficients (r) between ADMA or SDMA and the above-listed variables were computed.

Levels of ACPAs and ADMA, but not SDMA, were interrelated (Fig. 1). Neither ADMA nor SDMA correlated to any of the clinical or biochemical parameters ($P > .1$).

We had previously mentioned proinflammatory cytokines, oxidative stress, potentiated endothelial cell turnover, and hypoxia in the inflamed synovium as possible explanations of elevated ADMA with unchanged SDMA in RA [1]. However, the selective association between ADMA and ACPAs suggests that ACPAs might be closer to events responsible for ADMA accumulation.

Anticitrullinated protein antibodies are generated in response to the conversion of charged peptidylarginine residues to uncharged peptidylcitrulline by peptidylarginine deiminase (PAD) isotypes 2 and 4 in synovial monocytes/macrophages and lymphocytes [6,7]. The ACPAs levels correlated to the presence of RA-specific intracellular, but not extracellular, citrullinated proteins [8]. In addition, PAD-4 polymorphism was linked to RA [9] and higher ACPAs in RA of short duration [10].

The activity of PAD-4, the only nuclear PAD isotype [7,11], might interfere with the formation of ADMA, known to be generated mostly in nucleic acids-binding proteins [12]. In histones, the PAD-4-mediated deimination competed for the same peptidylarginine residues against asymmetric methylation via protein-arginine type I *N*-methyltransferases (PRMTs-I) [13,14], catalyzing ADMA (not SDMA) synthesis [2]. Nevertheless, even if these interactions had been sufficient to inhibit whole-body ADMA metabolism, their effect might have been an inverse ACPAs-ADMA relation, that is, opposite to our finding, insofar as ACPAs reflect intracellular proteins citrullination [8].

In systemic lupus erythematosus, the association of ADMA with cardiovascular events history and anti-DNA titers [15] was explained by the ability of anti-DNA, cross-reacting with the arginine-glycine-rich domain of heterogeneous nuclear ribonucleoprotein A2 (hnRNP A2), to

stimulate PRMTs-I [16]. As arginine-glycine-glycine is a preferential sequence for ADMA formation [12] and as deimination and asymmetric methylation share common sites [13,14], citrulline-containing epitopes recognized by ACPAs hypothetically localize in arginine/glycine-rich regions. Whether this might possibly facilitate PRMTs-I-dependent ADMA formation—by analogy with the effect of a PRMT-I in hnRNP A2 preincubated with anti-DNA [16]—remains to be verified in an experimental study. In addition, even demonstration of such a phenomenon in hnRNP A2 in vitro would not allow its simple extrapolation into citrullinated proteins recognized by ACPAs in RA synovium.

The proposed mechanism, although speculative, may—if confirmed—constitute a novel proatherosclerotic pathway in RA.

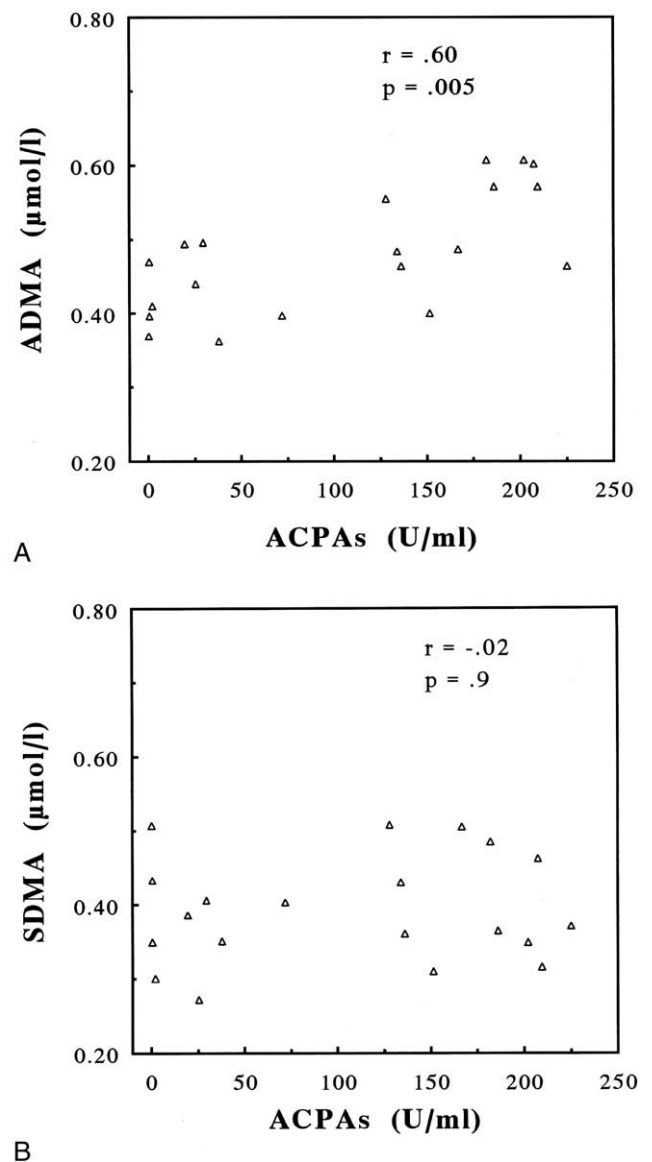


Fig. 1. A positive correlation between plasma ACPAs and ADMA (A), but not SDMA (B) levels.

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